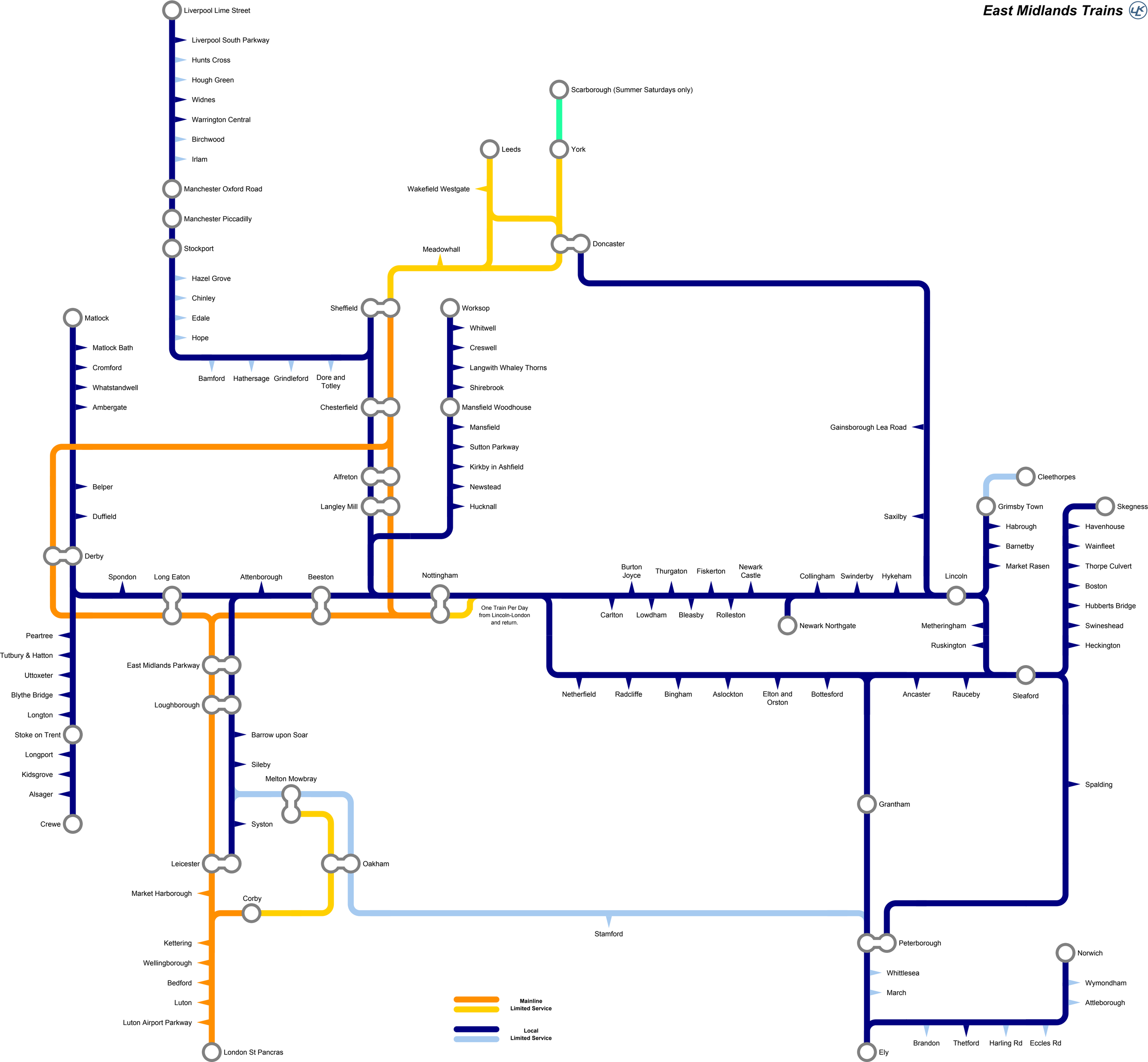East Midlands Trains